

# SPORTS SUBJECT GUIDE

## BOOKS

Books are classified using the Dewey Decimal Classification system making it easier for us to organise related subjects together on the shelves. This in turn makes it easier for you to find the book you need.

Not all books relevant to your course will be located in just one area, so you may have to look around the library to find what you need.

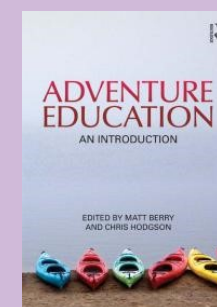
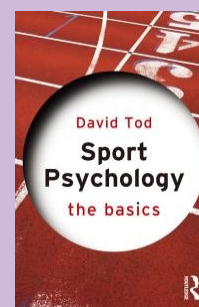
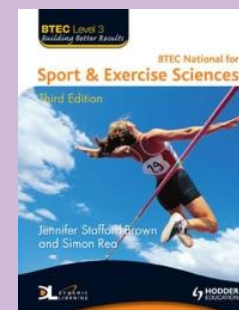
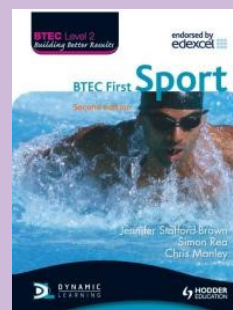
Below is a selection of class numbers that will be of relevance to you:

Anatomy & physiology	611 / 612
Health & physical fitness	613
Exercise	613.7
Sports massage	615.822
First aid	616.0252
Sports injuries	617.1
Leisure, tourism & recreation	790.06
Sport	796
Sport psychology	796.01
Coaching	796.077

## EBOOKS

Our collection of ebooks can be accessed by visiting [www.bcotlearninghub.com](http://www.bcotlearninghub.com) and clicking on Ebrary.

These are just some of the ebooks we have that might prove useful to you:



## Get Library and IT help

You can talk to the Learning Facilitators at the reception desk

Telephone: 306384

Email: [learning.resources@bcot.ac.uk](mailto:learning.resources@bcot.ac.uk)

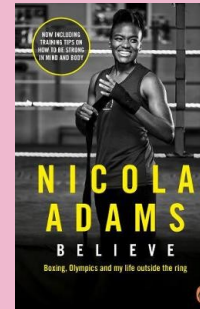
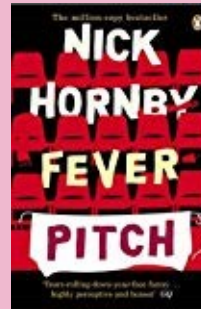
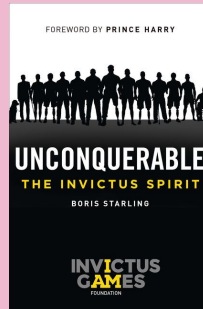
# MAGAZINES & NEWSPAPERS

The Learning Hub holds a range of newspapers and magazines.



# FICTION

The Learning Hub stocks a range of fiction books available for you to borrow. Here are a few titles you may find enjoyable:



# ONLINE RESOURCES

The Learning Hub subscribe to a variety of online resources including:



The online edition of the Britannica encyclopaedia



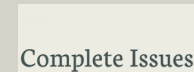
An excellent resource for studying anatomy and physiology



Search through digital editions of every issue of Vogue from 1892



A useful resource that contains a huge amount of information on contemporary issues



Interesting articles, statistics and great websites about the world around us

Visit [www.bcotlearninghub.com](http://www.bcotlearninghub.com) to access these resources from any computer/device.

Below are some additional websites that you might find useful:

[www.appliedsportpsych.org](http://www.appliedsportpsych.org)

[www.health.com/fitness](http://www.health.com/fitness)

[www.careers-in-sport.co.uk](http://www.careers-in-sport.co.uk)

[www.ukcoaching.org](http://www.ukcoaching.org)

# CAREERS

Our Careers section includes books on universities, graduate careers, writing CVs, interview skills, starting your own business and advice on working abroad.

You may find these career books relevant to your subject:

Sport and fitness uncovered	331.7796 D
Working in sport	331.7796 M
Working in ski resorts	331.7796 P

# YOUR LIBRARY

## Opening times

Mon 8.30am— 5.00pm

Tues 8.30am— 5.00pm

Wed-Thurs 8.30am— 7.00pm

Fri 8.30am— 4.30pm

Last books issued 10 minutes before closing

## Contact the Learning Hub team

Telephone (01256) 306384 – Enquiries & Renewals

Email: [learning.resources@bcot.ac.uk](mailto:learning.resources@bcot.ac.uk)

Twitter: <http://twitter.com/bcotlrc>